

another inconvenient truth

#1 Action - Go Vegan - Eat local, organic fruits and vegetables. Eat no meat, dairy, or eggs.

3300 lbs of Carbon Dioxide / Year saved by switching from the Standard American Diet to a Vegan Diet per April 2006 Report from a University of Chicago Study - www.eurekalert.org/pub_releases/2006-04/uoc-svd041306.php.

DIET	CO ₂ equiv / meal	CO ₂ equiv / year	CO ₂ equiv reduction /year
Standard	7.41 lbs	8110 lbs	0 lbs
Vegetarian	6.19 lbs	6665 lbs	1445 lbs
Vegan	4.40 lbs	4818 lbs	3292 lbs

For further information about global warming and the effects your diet has on the environment, visit these websites:

Bon Appétit Management Company Low Carbon Diet Calculator - www.eatlowcarbon.org

EarthSave White Paper - www.earthsave.org/globalwarming.htm

Toronto Vegetarian Association - veg.ca/content/blogcategory/34/111/

United Nations FAO Report - www.fao.org/newsroom/en/news/2006/1000448/index.html - link for full report on right sidebar.

University of Chicago Report - <http://pge.uchicago.edu/workshop/documents/martin1.pdf>

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Website: **WWW.TOTALLYVEGETARIAN.ORG**

About Totally Vegetarian

Totally Vegetarian is a Michigan based, national nonprofit which funds vegan projects worldwide that have national or international scope. We were incorporated in November, 2009 and are a 501(c)3 tax exemption organization. Donations to Totally Vegetarian qualify for tax exemption. Check with your tax advisor about your tax status.

We currently offer an e-newsletter that contains a featured recipe. To subscribe to the e-newsletter, go to www.totallyvegetarian.org

Our Fiscal Year ends on May 31st. In FY2011, we plan to fund a vegan cooking show on public television, recipe podcasts on the internet, and grants for startup costs of new vegan nonprofits. In FY2012, we plan to add a second vegan TV show on public television, and two vegan college scholarships of \$5,000 each. These will be the first vegan scholarships in the nation. Of course, this all depends on the support we receive from vegans all over the United States and internationally. So please go to www.totallyvegetarian.org and sign up for our e-newsletter. While you are at the website consider making a donation and join us in our mission to support vegan media programming.

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